

# Technogym Bike



**TECHNOGYM®**







# The best training experience



Enjoy live and on-demand indoor cycling workouts from your favourite trainers and fitness studios. Check out your performance data, climb to the top of the leaderboard and spin your wheels with riders from all over the world.





Choose your favourite studio, trainer and class from the 22" console and start your experience with Technogym Bike, the professional solution for indoor cycling.

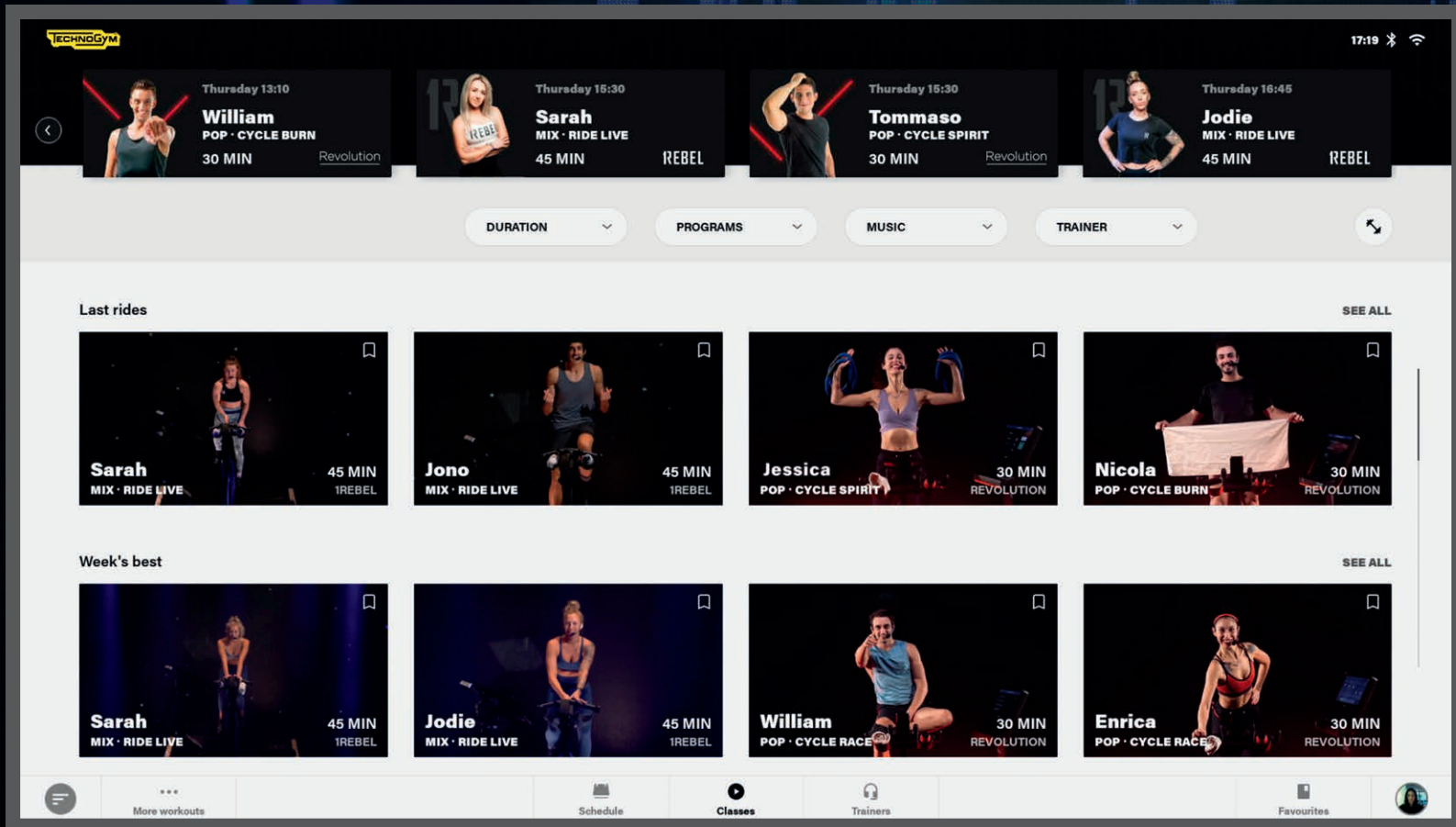








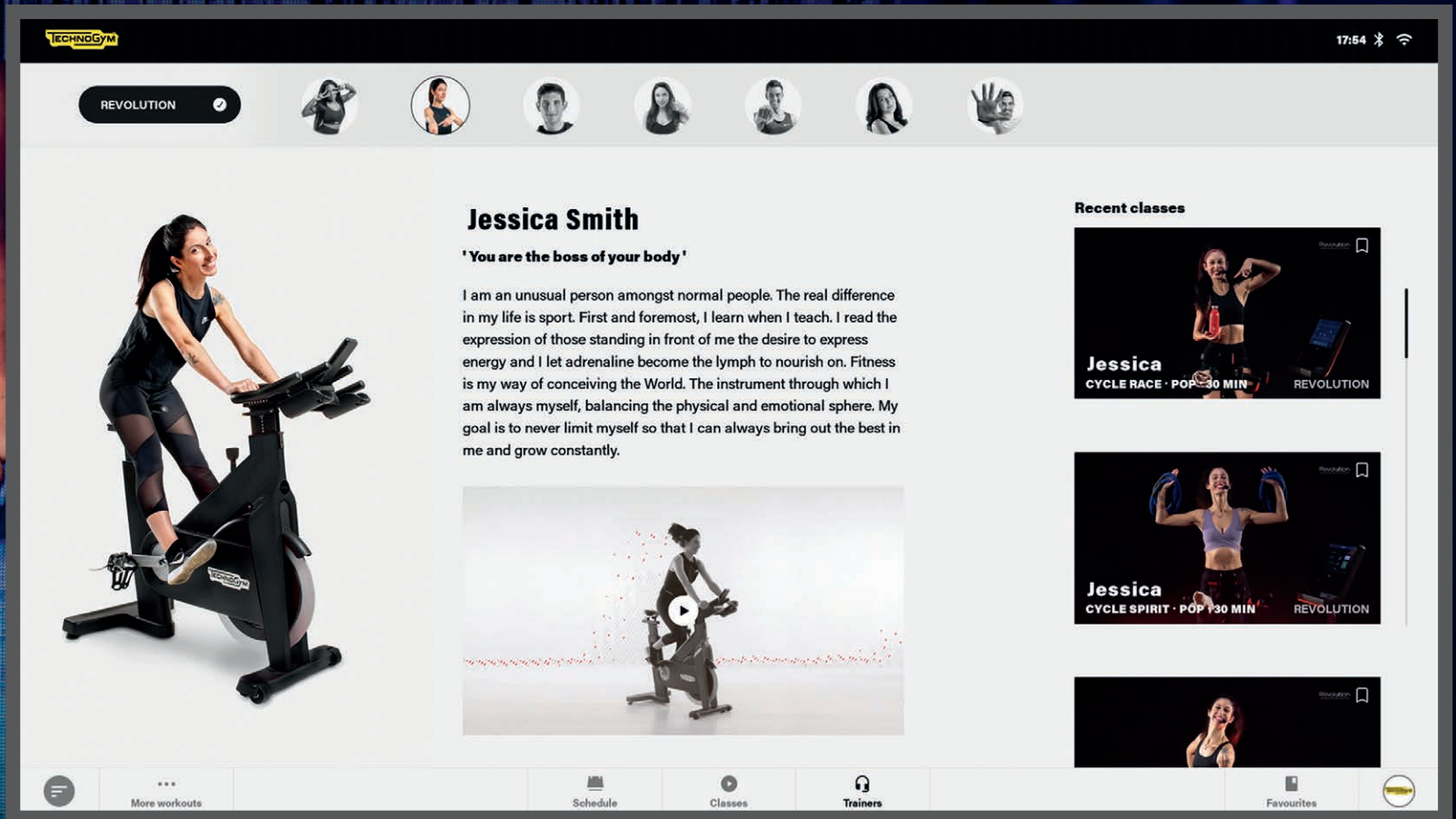
# Train live and on-demand



Join live streaming classes: select the trainer, music, duration and language from the on-demand library. Ready when you are.



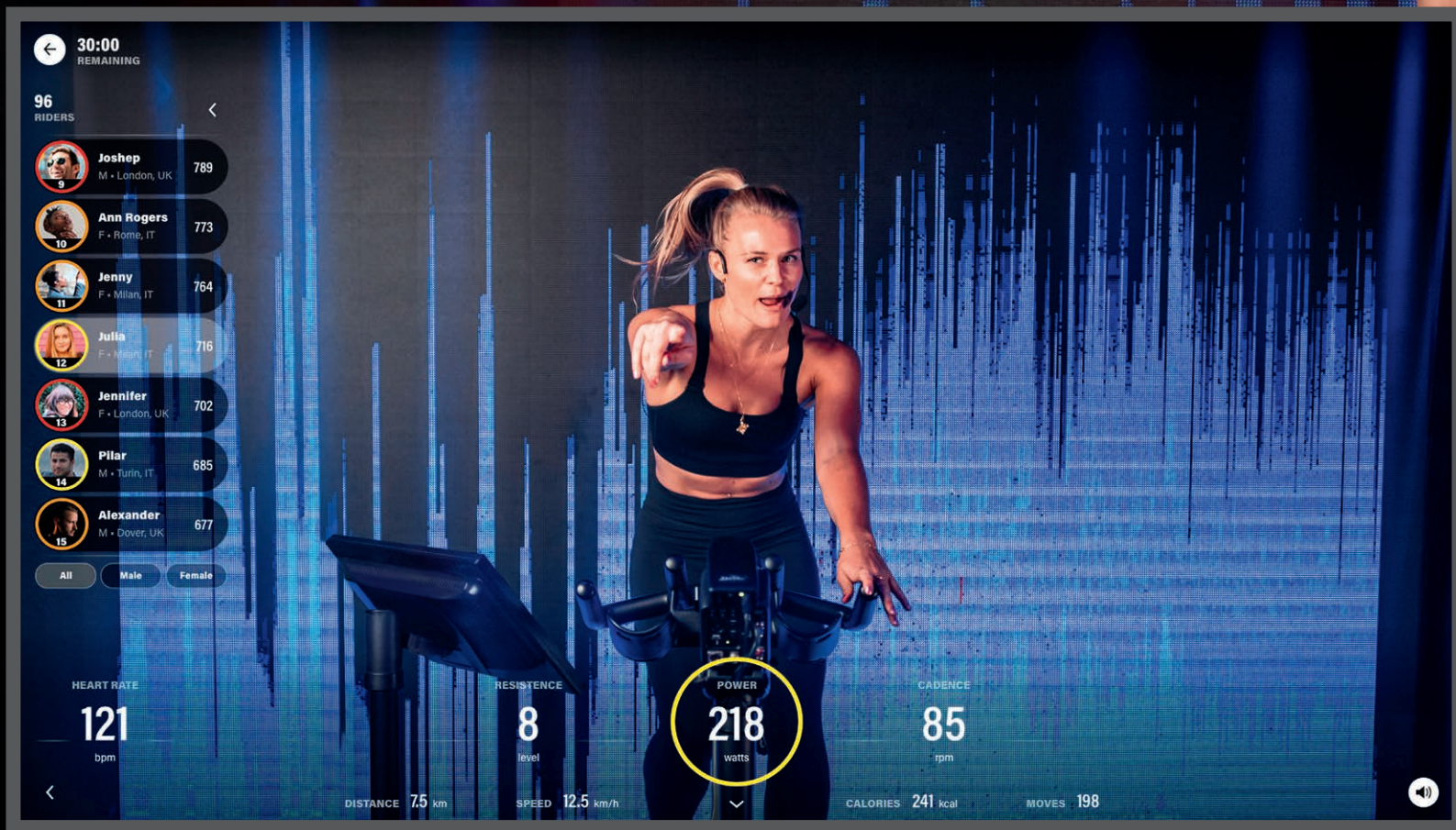
# Choose trainer and studio



Explore the comprehensive library and book a class  
with the trainer of your choice.



# Rise to the challenge



Ride with people from all over the world and pedal your way to the top of the leaderboard.



# Monitor your performance



Check your results at the end of each class  
and rate your experience.







# A professional exercise bike

Designed down to the last detail by our research centre, Technogym Bike is the result of more than 30 years of biomechanical research and constant dialogue with Olympic athletes. It adapts to your body in seconds, thanks to its quick setting. Pedalling is the most fluid and quiet ever. And it's just the beginning.



## The quietest spin

Thanks to the magnetic Poly-V® Belt, the loudest sound in the room is going to be your breathing.



## Easy set up

Just saddle up and go. You can change the settings of the saddle and handlebar on the go.



## Immersive experience

The images of the 22" screen are so vivid, you will breathe the atmosphere of the class.



# Technogym Bike

## Quick resistance settings

The knob enables you to choose precisely the level of resistance from 1 to 20.

## Total body workout

Complete your cardio session with upper body strength training exercises.





	<b>22" full HD display</b> Enjoy optimal training thanks to high quality images.
<b>Power button</b> <b>USB power plug Jack</b> <b>for traditional headsets</b>	
	<b>On-the-fly settings</b> Find your ideal cycling position on the go, with one-touch adjustments of the saddle in four directions and of the handlebar in two.
<b>Designed for real riding</b> The Poly-V® Belt is designed to give you a smooth and fluid cycling motion with an authentic road feel.	
	<b>Technology and durability</b> The flywheel resistance system uses the strongest type of permanent magnets for extra-safety and durability.

## TECHNICAL SPECIFICATIONS

<b>Dimensions</b> <b>(LxWxH)</b>	153 x 59 x 136 cm (60 x 23 x 54 in)
<b>Power supply</b>	12V 5A
<b>Power supply unit</b>	Input 100-240 Vac 50/60 Hz 2A Output 12V 5A
<b>Noise level</b>	Less than 70 dB
<b>Operating temperature</b>	From +5°C to +30°C (from +41°F to +86°F)
<b>Weight of the product</b>	67 kg (148 lbs)
<b>Maximum user weight</b>	160 kg (353 lbs)





## At home

With its combination of design, functionality and immersive digital content, Technogym Bike is the ideal solution for enjoying amazing live streaming and on-demand class experiences as part of your home training routine. The compact footprint and stylish look make it ideal for any size and type of environment.

Technogym Bike is available to businesses worldwide and to private customers in a growing number of countries: please visit [www.technogym.com](http://www.technogym.com) to check availability and for more information.



## In the hotel room

Training in the comfort and privacy of a hotel room has never been easier. With Technogym Bike, guests wishing to maintain a fitness routine can access a constantly updated library of training classes from the best studios in the world directly from their guest account and throw themselves headlong into an exciting workout.



## At the office

Encourage a healthier and more productive lifestyle with a Corporate Wellness Programme. Give your staff members the chance to recharge their batteries by joining on-demand classes at break time. And with the spread of smart working practices, Technogym Bike is the ideal benefit for employees wanting to stay fit at home.



## At the club

By placing Technogym Bike on the gym floor next to your other cardio equipment, you give your members the opportunity to enjoy an engaging and time-effective group training experience whenever they want, without the need for trainer supervision. All they have to do is choose the live or on-demand class they want to join and start spinning the wheels.







## For information and purchases

Technogym products and services are only sold directly. Technogym Bike is available to businesses worldwide and to private customers in a growing number of countries: please visit [www.technogym.com](http://www.technogym.com) to check availability and for more information.

### Phone numbers

Call us for advice on which products and services best fit your needs:

**0800 3162496**

(Freephone - UK only)

**+971 4 3375337**

(United Emirates only)

**800 8040952**

(Toll free - US only)

**0800 3322448**

(Toll free - Netherlands only)

**1800 615440**

(Toll free - Australia only)

**+39 0547 650111**

(Other countries)

### Website

Discover Technogym's complete offer and make your purchases directly from the online Shop:

**[technogym.com](http://technogym.com)**

### Follow us on



## Boutiques & Showrooms

Visit us to try our equipment and to create a personalised solution for your Wellness with the help of our experts:

### Cesena - Technogym Village

c/o Technogym Village, via Calcinaro, 2861

### Abu Dhabi

Al Maqta Building - Sultan Bin Zayed The First St.

### Doha

c/o Doha City Festival mall, Umm Salal Mohamed

### Guadalajara

Boulevard Puerta de Hierro 5278, Local 6,  
Zapopan Jal.

### London

c/o Harrods, 87-135, Brompton Road

### Madrid

Claudio Coello, 77

### Marbella

Boulevard Príncipe Alfonso de Hohenlohe  
Ctro. Comercial "La Poveda" Local 2-3

### Mexico City

Tennyson 18, Col. Polanco

### Milano

Via Durini, 1

### Monterrey

Plaza Kerkus, Ave. Manuel Gómez Morín 2111, Chipinque,  
San Pedro Garza García

### Moscow

Red Square 3, GUM, 3rd floor/3rd line

Vremena Goda Mall, Kutuzovsky prospekt, 48

Dream House, Rublevo-Uspenskoe highway 85/1

### New York

70 Greene Street

### Port Baku

151 Neftciler Ave., Port Baku, c/o Port Baku Mall

### Riga

Brivibas 40

### San Juan - Portorico

c/o Paseo Caribe, PO BOX 6185

### São Paulo

Alameda Gabriel Monteiro da Silva, 1158

### St. Petersburg

Bolshoy prospekt P.S. 49/18

### Warsaw

Plac. Trzech Krzyzy 3

### Wien

Franz-Josefs-Kai 5

### Zagreb

Ilica 104

### Zürich

Pelikanstrasse, 5





# Where to find us

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## Spain

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### Technogym Madrid

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### Technogym Marbella

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## Belgium and Luxembourg

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## Australia

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## Russia

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### Technogym Moscow - Gum

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### Technogym Moscow

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## United Arab Emirates

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## Brazil

### Main Offices & Showroom

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### Other Offices

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## Japan

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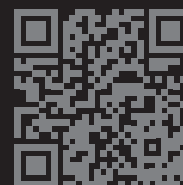
## Other Countries

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### website

www.technogym.com



For home use



For professional use